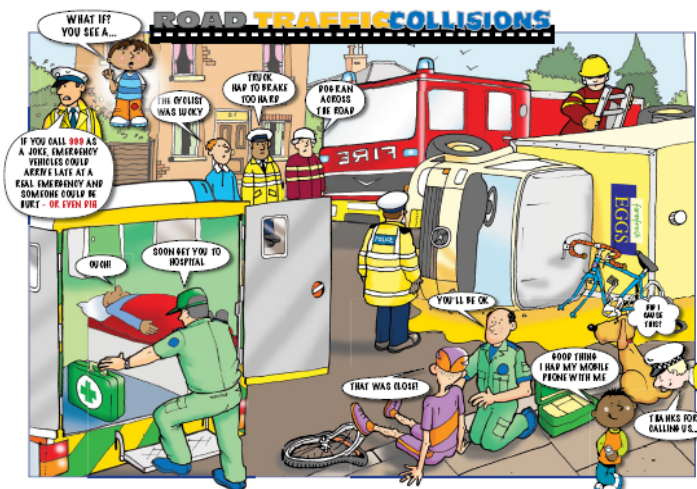


Useful Telephone Numbers

TDC Careline	01255 686362
Met Office customer care	0870 900 0100
Environment Agency Floodline	0845 988 1188
Local Police Station	
Doctor	
NHS Direct	0845 46 47
Local Authority	
Town / Parish Council	
School	
Business	
Bank	
Electricity Company	
Gas Company	
Water Company	
Telephone Company (land line)	
Mobile Phone Provider	
Vet	
Insurance Company	

Important Information

BBC Essex	103.5FM / 95.3 FM
Heart FM	96.3FM / 102.6 FM
BBC TV	Look East
ITV	Anglia
Home Insurance Policy	
Car Insurance Policy	
Passport No.	
National Insurance No.	
Driving Licence No.	
Pension No.	



Available via the Essex County Council website

www.essex.gov.uk

Or by visiting www.crucial-crew.org/what-if

Don't miss the other 5 leaflets in the severe weather series. Look out for the following:

- Severe Gales
- Heavy Snow and Icy Roads
- Thunderstorms and Lightning
- Heavy Rain
- Heat and Sun

Tendring
District Council



Met Office

Tendring District Council
Emergency Planning
Town Hall
Station Road
Clacton-on-Sea
Essex
CO15 1SE

Phone: 01255 686868

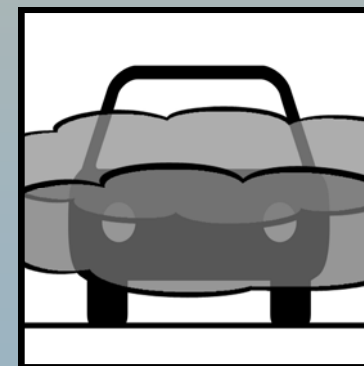
Fax: 01255 222813

E-mail: eplanning@tendringdc.gov.uk

DENSE FOG

Fog can drift rapidly and is often patchy.

Severe disruption to transport occurs when the visibility falls below 50 metres.



Produced with information from the Met Office

During fog:

- Avoid travel if possible.
- Reduce your speed.
- Use dipped headlights, full beam reflects off the fog causing a “white-wall” effect.
- Use your fog lights, but remember to turn them off when visibility improves.
- Keep an eye on your speed, fog can give the impression of travelling slower than you really are.
- Don't follow the tail lights of the vehicle in front of you, they may give you a false sense of security.
- Watch out for freezing fog, it can quickly form a layer of ice.
- If the word FOG is displayed on roadside signals and the road is clear, be prepared for visibility to reduce rapidly.
- Check your mirrors before you slow down.

Fog lights used in reasonable or good visibility can dazzle other road users and may obscure your brake lights.

You must not use front and rear fog lights unless visibility is seriously reduced.



Pedestrians & Cyclists:

- During periods of reduced visibility it is important to make yourself visible to road traffic. A torch, reflective tape or even a high visibility vest over your coat will help other road users see you.



BE SAFE. BE SEEN!